

# Rally Registration Instructions

- 1) Log into myuhc.com
- 2) Access Rally by clicking “Rally Health Survey” at the right side of the page or by clicking on the “Health and Wellness” tab



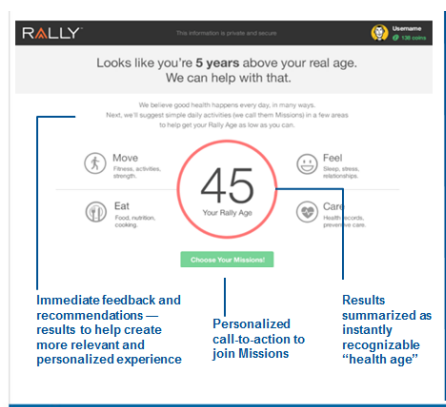
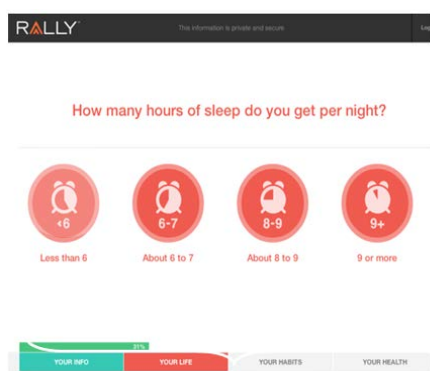
- 3) Register for Rally by providing your email address and selecting a password



- 4) Select an avatar and create a user name (used for participation in health challenges)



- 5) Complete the Health Survey to learn your Rally Age



6) You're now able to participate in Missions, Challenges, and earn the rest of your gift card rewards! To see all of the ways you can earn incentives click on the "Rewards" tab at the top of the page and then click on "View Program". You can see all of your completed activities and those that are still available.

